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## Waiver

I understand that **Joyoga** assumes no liability for any illnesses or injuries that I may sustain as a result of participating in yoga activities including, but not limited to, the use of any yoga equipment (props) or the performance of any particular exercise or series of exercises or any related activities.

I expressly acknowledge on behalf of myself and my heirs that I assume the risk of any and all injuries or illnesses that may occur as a result of participating in these activities.

I also understand that my yoga sessions are non-refundable if I choose not to continue to take yoga classes at **Joyoga**; but can be transferred to another person upon agreement with **Joyoga**. In the event that I am not available to teach, I will make every effort to get a substitute or notify you in advance to cancel the class.

I hereby release and discharge **Joyoga** and all of its employees, agents, servants, representatives and principals from any and all claims of injury, illness, death, loss or damage which I may sustain as a result of participating in the above activities. I further acknowledge that **Joyoga** is not responsible for any personal items lost or stolen while I am participating in activities at **Joyoga**.

I hereby acknowledge and agree with the waivers set forth above.

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_